

HURRICANE PREPARATION CHECKLIST



Before hurricane season in the Florida Keys begins, residents should prepare a hurricane survival kit that covers the basics and fulfills your medical needs.

Diabetic patients should prepare to keep insulin cool with extra ice or a 12volt cooler that can run off of a car's battery. Keep insulin away from direct contact with ice by wrapping it in a towel.

Dialysis patients should contact medical facilities outside of hurricane-prone areas in the event of a storm. Your current renal dialysis center can help with those arrangements.

The Basics

- A watertight, easy-to-carry container to store essential
- Manual can opener
- Non-perishable foods
- Ready-to-eat canned meats, fruits, and vegetables, canned juices, milk, soup
- (if powered, store extra water)
- Staples such as salt, pepper, and sugar
- High-energy foods like granola bars and trail mix
- Vitamins
- Instant tea, coffee
- Flashlight – 1 per person*
- First-aid kit
- Sunscreen
- Money
- Battery-operated radio with extra batteries
- Prescription drugs

Tools & Supplies

- Mess kits, paper cups, plates and plastic utensils
- Emergency Preparedness manual
- NOAA weather radio with extra batteries
- Flashlight with extra batteries
- Utility knife
- Fire extinguisher: small canister, ABC type
- Matches in a waterproof container
- Sterno Fuel
- Napkins/paper towels
- Aluminum Foil
- Portable camp stove/fuel
- Entertainment: books, games, etc.*

Clothing & Bedding

- Include at least one complete change of clothing and footwear per person*

- Blankets or sleeping bags*
- Sunglasses

Sanitation

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items (toothbrush, toothpaste, hair brush, shaving supplies)
- Plastic garbage bags and ties (lots of them)
- Disinfectant
- Unscented household chlorine bleach

Special need items

- Remember family members with special needs, such as infants and elderly or disabled persons
- Infant needs – formula, diapers, bottles*

Important Family Documents

- Keep these documents in a waterproof, portable container
- Will, insurance policies, contracts, deeds, stocks and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and companies
- Important telephone numbers
- Family records (birth, marriage and death certificates)
- Proof of occupancy*

Pet Supplies

- Dry and canned food
- ID tags and collars
- Proof immunization
- Water
- Litter box
- Carrying container

* If you are planning to evacuate to a Red Cross Evacuation Center, please be sure to take these items.

Disaster kit tips:

Water: Store water in sanitized bathtubs, washing machines and water heaters. At least 1 gal. water, per person, per day for 7 days.

Cooking: Do not use charcoal or gas grills indoor.

Supplies: Pack your supplies in container you can carry.



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